

**Essex Primary Headteachers' meetings
Summer Term 2021
AGENDA**

**SOUTH: Thursday 17th June 2021
Meeting held online as a result of the Covid-19 pandemic**

Zoom link:

<https://us02web.zoom.us/j/84503180112?pwd=L09tZGxMMChbGd4SWWhSS0FlenBzd09>

Meeting ID: 845 0318 0112

Passcode: 860961

Welcome from Nicky Barrand (South Area Chair) and Clare Kershaw (Director of Education)	9.00 – 9.05 am
<p>Local Authority Education Team LA updates on current priorities including:</p> <ul style="list-style-type: none"> • Education Taskforce • SEND update: Inclusion conference • Headteacher Wellbeing – Access to Education Support Programme • Early Years reforms • Safeguarding • Curriculum: Review of RSE and Health Education 	9.05 - 10.20
Break	10.20 – 10.50
<p>EPHA Area Meeting – Nicky Barrand, SEPHA Chair Including the area Chair's report, Annual General Meeting and EPHA updates</p>	10.50 – 11.10
<p>Are you doing too much? The art of doing less, but achieving more. This session will focus on how to lead your team effectively and create a thriving working environment that is sustainable and balanced. For too long we have just accepted that teaching and headship has to be all consuming. Another way is possible. Having gone through a breakdown, and out the other side, Peter Radford, author of Love Teaching Keep Teaching, will draw on his experience to present a different approach to leading mentally healthy schools whilst staying mentally healthy! For over 20 years BEYOND THIS founder Peter Radford has worked to help people live significant lives and positively impact the lives of others. He is an experienced public speaker, teacher, trainer and coach with a wealth of experience, of leadership, management, personal development and education. He now works with businesses, organisations & schools to help develop the strategies and momentum to meet the challenge of change and achieve their goals. www.beyondthis.co.uk</p>	11.10 – 11.50
<p>Headrest Headrest was co-founded in October 2020 by Ros McMullen and Andrew Morrish, two former headteachers and Multi-Academy Trust CEOs. Headrest is a confidential, free telephone support service for headteachers. The free service means that a group of experienced headteachers, who coach</p>	11.50 – 12 noon

and mentor serving heads and senior executive leaders, are offering 'a listening ear' free of charge for those who are exhausted and needing to chat with someone who understands. In this session, Ros will introduce and explain how the helpline works and why it was set up to support heads at this critical time.

More information at <https://www.headrestuk.co.uk/>

Close of EPHA meeting

12 noon