

### EPHA Meetings Academic Year 2022/2023

#### Autumn term 2022

WEST	Wednesday 9 November	Manor of Groves
MID	Thursday 10 November	The Lion Inn, Boreham
N-EAST	Wednesday 16 November	Colchester Community Stadium
SOUTH	Thursday 17 November	Greenwoods Hotel, Stock

#### Spring term 2023

WEST	Wednesday 1 March	Manor of Groves
SOUTH	Thursday 2 March	Greenwoods Hotel, Stock
N-EAST	Wednesday 8 March	Colchester Community Stadium
MID	Thursday 9 March	The Lion Inn, Boreham

#### Summer term 2023

WEST	Wednesday 14 June	Manor of Groves
SOUTH	Thursday 15 June	Greenwoods Hotel, Stock
N-EAST	Wednesday 21 June	Colchester Community Stadium
MID	Thursday 22 June	The Lion Inn, Boreham

Contact your Area Chair with any concerns, questions or issues you would like to discuss with colleagues.

### EPHA Annual General Meeting

The EPHA Annual General Meeting took place on 29<sup>th</sup> September 2022 and the following headteachers were elected as EPHA officers for the coming year:

- Harriet Phelps-Knights Chair
- Nick Hutchings Vice-Chair
- Nicky Stone-Riley Executive Treasurer

*The full Executive membership list, minutes of the AGM, and the Constitution and Financial Regulations are available on the EPHA website.*

### Termly meeting with Local Authority officers

The EPHA Executive met with Clare Kershaw and LA Officers on 29<sup>th</sup> September 2022. The agenda included:

- Discussion of the ongoing challenges for schools, particularly in relation to the current financial pressures as a result of inflation, staff pay increases and fuel prices. In this moment of political uncertainty, it is difficult to see any solutions, but it is generally accepted that without increased financial support, schools will be unable to balance their budgets in the near to mid-future.
- SEND strategy update

At the **EPHA AGM and Executive meetings** earlier in the day, the Executive focused on:

- EPHA priorities for 2022/23
- Input from Jonathan Duff, regional Director for the East of England, and his view of the DfE White Paper
- The current pressures on headteachers and their wellbeing

The minutes of the Executive meetings are available on the EPHA website

<http://essexprimaryheads.co.uk/meetings>

### EPHA CONFERENCE NEWS

We held this year's Deputy and Assistant Heads' conference in October and around 230 delegates attended, enjoying presentations from Helen Youngman and Mr P, along with a range of workshops.

Next year's **Deputy Heads' conference** will be held on **Friday 13<sup>th</sup> October 2023**

**The Small Schools Conference** was a resounding success, and we plan to hold another one in 2023.

### DATE FOR YOUR DIARY: HEADTEACHERS' CONFERENCE Friday 24<sup>th</sup> March 2023

The conference will be held, once again, at the Chelmsford City Race Course.

Key note speakers and presenters will include Phil Denton and Warwick Davies, and a choice of workshops, including Ros Blackburn (Logically Illogical), and the No Outsiders approach presented by Andrew Moffat.

The programme and booking form will be emailed to you in January.

### CONTACT EPHA

*EPHA continues to offer support to all primary-phase headteachers with termly information briefings, training, regular emails, documents, updates and support by email, by phone and on the EPHA website*

[www.essexprimaryheads.co.uk](http://www.essexprimaryheads.co.uk)

Contact Pam Langmead, Professional Officer, at

[pam@langmead.me.uk](mailto:pam@langmead.me.uk)

Harriet Phelps-Knights EPHA Chair,  
via Janet Duke Primary

### Supporting primary headteachers

The EPHA wellbeing survey highlighted the challenges faced by headteachers, which were exacerbated by the pressures of the Covid pandemic and now the financial crisis facing schools. We now facilitate a range of support in addition to the current EPHA offer, which will include signposting, subsidising or brokering practical help for heads in crisis, such as:

- Coaching or counselling – individually or in a group
- Colleague Support for any headteacher in need (not just new heads)
- Capacity-help in a school – headteachers or deputies seconded to add leadership capacity for a limited time (or releasing a Deputy or SENCo from teaching time)
- Bespoke training, including joint training on exclusions for headteachers and governors