

Programme

9.00 am Registration Coffee/Tea

9.30 am **Harriet Phelps-Knights – Chair of EPHA**
Welcome and introduction

9.35 am **THE FIRST 100 DAYS**

Phil Denton

What can headteachers learn from Premier League managers? Phil Denton spent two years meeting Premier League managers, business leaders and school leaders to explore their first 100 days. He then applied it to leading a school. Phil was previously a Headteacher and is also an author, having written 'The First 100 Days', which documents this journey. Phil has had several articles published in the SecEd magazine and TES.

10.30 am Coffee/Tea

11.00 am **WORKSHOP SESSION 1 – CHOOSE ONE (see details below)**

A No Outsiders

B Logically Illogical

12.10 pm Lunch

1.10 pm **WORKSHOP SESSION 2 – CHOOSE ONE (see details below)**

C The Headteacher Anxiety Tool-Kit

D How to Achieve Ofsted Outstanding for Behaviour

2.20 pm Comfort break

2.30 pm **CREATIVITY IS ESSENTIAL IN OUR LIVES**

Gareth Malone, Broadcaster and Choirmaster

Gareth Malone is a fellow of the Royal Academy of Music where he studied with Janice Chapman and Jonathan Papp. He first appeared on TV in the three-part BAFTA award-winning series The Choir for BBC, tackling the task of teaching choral singing to people who have never had the chance, or experience to sing before.

In this talk Gareth will reflect on the vital role creativity and the arts play in education, for both students and teachers. Drawing on his experience of over 25 years working with young people and adults in a variety of settings, Gareth will reveal how he inspires them to aim higher and gain greater confidence through arts participation.

As you'd expect, this talk will be interactive so prepare yourself for creativity!

3.20 pm Close

Workshop Session 1: choose ONE

Option A No Outsiders

Andrew Moffat is the author of No Outsiders and PD Lead for Excelsior MAT. No Outsiders is a whole school ethos and language that teaches children everyone belongs. Referencing the Equality Act, British values and RSE guidance, No Outsiders uses picture books and assemblies to explore identity, recognition and acceptance of difference, and promoting community cohesion. Andrew faced significant challenge to his work in 2019 over the inclusion of LGBT+ equality in No Outsiders, and he will talk about meeting parent challenge in a proactive and inclusive way.

Delegates will leave this session with lesson and assembly plans, and renewed confidence in the teaching of equality and diversity in their settings.

Session leader: Andrew Moffat

Option B Logically Illogical

Ros Blackburn is an adult with autism. At three months old she appeared withdrawn, isolated and very much in a world of her own. At 18 months she was diagnosed very severely autistic but with average intellectual ability. Now in her 50s, Ros lectures nationally and internationally, giving insight into her own experiences and the care and education practices she has observed.

In this workshop, Ros explores with humour and passion the “mistakes” from which she has had to learn and some of her coping strategies. From these she is able to offer helpful strategies – including what not to do – when understanding and managing autism in mainstream schools.

It is Ros’s wish that all those who attend her talks find them helpful and informative but, above all, that the experience is entertaining and full of fun. Ros last presented to Essex heads 10 years ago, and she was exceptionally well-received at the time.

Session leader: Ros Blackburn

Workshop Session 2: choose ONE

Option C The Headteacher Anxiety Tool-Kit: Reduce Stress & Cope with the Hard Stuff with EFT Tapping

Would you like to: Reduce stress & anxiety; Stay calm under difficult conditions; Think more clearly; Be less reactive; Feel more optimistic & happy... ?

Discover the hows, whats and whens of this cutting-edge modality, experience it for yourself, and find out how you can use it to benefit you – and those around you - in your daily life.

Jenny Clift is an EFT Energy Performance Coach and freelance Musician, based in Madrid, Spain. She first used EFT, or tapping, back in 2011 as a professional violinist, to increase and enhance her on-stage experience, but she quickly realized it was transforming all areas of her life. She went on to become certified as an Energy Psychology Coach and then trained as a Tapping into Wealth Coach.

She is passionate about helping people to discover the freedom to enjoy their lives and careers and tap into wealth, success, balance, joy and inner peace.

Session leader: Jenny Clift

Option D How to Achieve Ofsted Outstanding for Behaviour

A strong and consistent approach to behaviour is crucial for high quality school cultures which promote excellence in personal, social and academic progress and growth.

Following the release of the 2022 DFE Behaviour guidance, this workshop will help EPHA school leaders explore their current models of behaviour and consider how to develop their whole school ‘behaviour curriculum’, leadership vision and behaviour management approaches.

Structure of Workshop

- How to create a genuine shared vision for behaviour
- Relationships, response and routines – the three ‘R’s’
- Practical strategies to develop a positive behaviour culture
- Understanding how Ofsted will inspect behaviour and attitude, how to prepare and what to expect during the two days.

Session leader: Helen Youngman

EPHA HEADTEACHERS' CONFERENCE 2023

Chelmsford City Race Course

Friday 24th March 2023

BOOKING FORM

(No telephone bookings please)

First name/surname

Name of school and your contact email address

Workshop 1 (please choose just one):

A No Outsiders

B Logically Illogical

Please highlight the ONE workshop you would like to attend

Workshop 2 (please choose just one):

C The Headteacher Anxiety Tool-Kit

D How to Achieve Ofsted Outstanding for Behaviour

Please highlight the ONE workshop you would like to attend

Payment details

The cost per delegate is **£100.00** made payable to **EPHA**

An invoice will be forwarded to your school on receipt of your booking – please indicate how you will pay:

Cheque made payable to EPHA enclosed with the booking form

Paid directly into EPHA conference account by BACs

Please note the payee if it is not your school e.g. a MAT:

Booking information

Places are limited and will be allocated on a first come, first served basis.

A map of how to get to the venue will be sent with your booking confirmation.

Please give details if you:

- Have a special dietary requirement:
- Have particular access requirements:
- Have any other additional requirements:

Please return your booking form (and payment) to:

Pam Langmead, Professional Officer by email pam@langmead.me.uk

Or by post to 3 Sheerwater Close, Burnham-on-Crouch, Essex, CM0 8EN

EPHA can be contacted in the following ways:

Pam Langmead, Professional Officer

By telephone: 01621 786359

By post: 3 Sheerwater Close, Burnham-on-Crouch, Essex, CM0 8EN

By email: pam@langmead.me.uk

Website: www.essexprimaryheads.co.uk