

DEPUTY & ASSISTANT HEADTEACHERS' CONFERENCE

Recover and Thrive

Friday 2nd October 2020

VIRTUAL CONFERENCE HELD DURING THE COVID-19 PANDEMIC

Programme

9.00 am The Zoom conference is opened – please join with a coffee/tea in hand

9.20 am Harriet Phelps-Knights, Chair of EPHA

Welcome and outlining the shape of the day

9.30 am THE CRUCIAL NEED FOR LEARNING IN A POST-COVID WORLD

Lord Robert Winston

Lord Robert Winston is a world-renowned expert in fertility and genetics, currently Professor of Science and Society at Imperial College London. He has over 300 scientific publications about human reproduction and the early stages of pregnancy to his name.

Lord Winston is a passionate communicator of science to all age groups both as a BAFTA-winning broadcaster and an author of over 20 titles. He is an active peer in the House of Lords and Vice-President of the Royal College of Music. He is a lover of fine wine, pre-war cars and Arsenal Football Club.

Lord Winston presented to Essex primary headteachers in March 2019 and they were overwhelmed by his knowledge, wisdom and humour – we are delighted to welcome him back to share his insights and experience with our deputy and assistant headteachers.

10.30 am Break – with the opportunity to network virtually with colleagues

11.00 am Workshop session - see below for choices

12.00 noon THE CHARACTERISTICS OF GOOD AND GREAT LEADERS

Drew Povey

The world is ever changing and as leaders it will fall to us to make the difference to our staff, our schools and our pupils. With new books and articles appearing everyday on the topic of leadership, we can get lost in the weight of information and find ourselves pulling one way, then seemingly swinging in another. Drew has spent the last 12 years studying leadership in a range of sectors and is passionate about sharing this knowledge to help leaders navigate through an ever shifting landscape. 'Success leaves tracks' and in this interactive session, by implementing this learning alongside his models, Drew will help you to cut to the heart of the leadership dynamic and develop strategies to create positive and sustainable change.

1.00 pm Lunch break – please make sure you have something delicious!

1.30 pm THE 3 RS OF REINVENTION: GO BEYOND SURVIVING, PAST THRIVING ONTO TO DRIVING CHANGE

Jaz Ampaw-Farr

You are currently writing the story that you will be telling for the rest of your life. As a member of Generation C, you are faced with a choice: whether that story is one of chaos caused by Covid-19 or one that tells of your mindset shift around courage, creativity, challenge and change.

If there was ever a time to be 10% braver, embrace change and dance with fear, it's now. In this session Jaz unpicks the 3 Rs of Reinvention: Responsibility, Reach and Reframe. She shines a light on how automatic behaviours can be replaced with a more intentional attitude to ultimately carve a path towards fulfilment-flavoured success for you and those you influence.

In this new world, true agility, professional vulnerability and personal authenticity are the winning elements of those destined to lead us to success.

2.20 pm Close of conference

Workshop sessions: please choose one

Each of the workshops will be recorded and available after the conference, so that all delegates will benefit from the sessions.

Option A 7 Strategies to manage anxiety

Our emotional health is paramount to our performance, resilience and ability to manage feelings like stress, anxiety or feeling overwhelmed. Teachers and education staff endure greater job-related stress than other professionals, according to [a report by the National Foundation for Educational Research \(NFER\)](#). The report found that one in five felt tense about their job most or all of the time, compared with 13% of those in similar occupations.

The Covid-19 pandemic has added a whole new raft of worries for many people, including concerns about their own and other's health, safety, future, along with day to day issues such as "how do I teach this new class of children... in a bubble?!".

In this workshop psychotherapist, Ben Amponsah, outlines 7 key strategies to help teachers and education staff to manage anxiety during the coronavirus crisis.

Ben is a friendly, experienced (18 years and counting) BACP Accredited Counsellor, Counselling Psychologist (in training) and psychotherapist who works as clinical consultant for the Education Support Partnership. He has, since he was very young, been interested in what makes people tick and that is why he chose Psychology as his first degree.

Session leader: Ben Amponsah

Option B The future of Ofsted

The Covid-19 pandemic put a lot of things on hold, including Ofsted inspections! During the partial closure of schools, inspectors have been deployed to other services, including working for the local authority, helping them gather intelligence and information to support the profession. We know that full Ofsted inspections won't resume until the spring term at the earliest, but in the meantime, inspectors will carry out less formal visits to schools. In this session, Michelle Winter will outline Ofsted's plans for the short and medium term, and will answer your questions about the future of inspection.

Michelle Winter is the Senior HMI for the Eastern Region and her responsibilities include leading a team of Her Majesty's Inspectors in the East of England. She also oversees Ofsted's inspections of initial teacher education, the quality assurance of inspections, and the complaints process. Michelle leads inspections of maintained and independent schools, service children's education, initial teacher education and local authority school improvement services.

Session leader: Michelle Winter, Senior HMI

Option C The Post-Covid curriculum

Both children and teachers have lost months of education, and everyone will have some catching up to do as we return to "normal". In this workshop, Jonathan Lear will focus on not *what* to teach, but *how* to teach so that pupils (and teachers) recover and thrive as we return to full time education.

Drawing on his experience both in the classroom and as a deputy head, Jonathan Lear is not only able to share with his participants many practical ideas to improve the quality and nature of teaching and learning in the classroom, but also an understanding from a leadership position of how to make change happen - and what might get in the way.

EPHA is delighted to welcome Jonathan back, following his popular and well-received appearances at the Headteacher and Deputy conferences in 2019.

Session leader: Jonathan Lear, Independent Thinking

EPHA DEPUTY & ASSISTANT HEADTEACHERS' CONFERENCE 2020

Virtual conference to be held by Zoom Friday 2nd October 2020

BOOKING FORM (No telephone bookings please)

First name/Surname

Mr/Mrs/Miss/Ms/other

Your contact email address –*essential* so that you can be invited to the conference and assigned to your workshop

Name of school

Workshop Sessions - Please highlight one workshop session.

I would like to attend:

Workshop A: 7 Strategies to manage anxiety

Workshop B: The future of Ofsted

Workshop C: The Post-Covid curriculum

The conference this year is free to all Essex deputy and assistant headteachers to thank them for their hard work and commitment to their school in this challenging year.

Booking information

Please complete this booking form and send it

by email: pam@langmead.me.uk

or by post to Pam Langmead, Professional Officer, EPHA,
3 Sheerwater Close, Burnham-on-Crouch, CM0 8EN

You will receive an acknowledgment of your booking and a Zoom invitation to join the conference.

Pam Langmead, EPHA Professional Officer, can be contacted in the following ways:

By telephone: 01621 786359

By post: 3 Sheerwater Close, Burnham-on-Crouch, Essex, CM0 8EN

By email: pam@langmead.me.uk

Website: www.essexprimaryheads.co.uk