

**Essex Primary Headteachers' meetings
Summer Term 2021
AGENDA**

NORTH EAST: Wednesday 16th June 2021

Meeting held online as a result of the Covid-19 pandemic

Zoom link:

<https://us02web.zoom.us/j/88084086217?pwd=UGd2NVY1eWpCVHlrSGJCSmgrNjRvZz09>

Meeting ID: 880 8408 6217

Passcode: 568913

Welcome from Nick Hutchings (North East Area Chair) and Clare Kershaw (Director of Education)	9.00 – 9.05 am
Local Authority Education Team LA updates on current priorities including: <ul style="list-style-type: none"> • Education Taskforce • SEND update: Inclusion conference • Headteacher Wellbeing – Access to Education Support Programme • Early Years reforms • Safeguarding • Curriculum: Review of RSE and Health Education 	9.05 - 10.20
Quick break	10.20 – 10.40
Colchester housing development An update from Kevin Wilby, School Organisation Officer, on the new project in Colchester.	10.40 – 10.50
EPHA Area Meeting – Nick Hutchings, NEEPHA Chair Including the area Chair's report, Annual General Meeting and EPHA updates	10.50 – 11.10
Are you doing too much? The art of doing less, but achieving more. This session will focus on how to lead your team effectively and create a thriving working environment that is sustainable and balanced. For too long we have just accepted that teaching and headship has to be all consuming. Another way is possible. Having gone through a breakdown, and out the other side, Peter Radford, author of Love Teaching Keep Teaching, will draw on his experience to present a different approach to leading mentally healthy schools whilst staying mentally healthy! For over 20 years BEYOND THIS founder Peter Radford has worked to help people live significant lives and positively impact the lives of others. He is an experienced public speaker, teacher, trainer and coach with a wealth of experience, of leadership, management, personal development and education. He now works with businesses, organisations & schools to help develop the strategies and momentum to meet the challenge of change and achieve their goals. www.beyondthis.co.uk	11.10 – 11.50
Headrest	11.50 – 12 noon

<p>Headrest was co-founded in October 2020 by Ros McMullen and Andrew Morrish, two former headteachers and Multi-Academy Trust CEOs.</p> <p>Headrest is a confidential, free telephone support service for headteachers. The free service means that a group of experienced headteachers, who coach and mentor serving heads and senior executive leaders, are offering ‘a listening ear’ free of charge for those who are exhausted and needing to chat with someone who understands. In this session, Andrew will introduce and explain how the helpline works and why it was set up to support heads at this critical time.</p> <p>More information at https://www.headrestuk.co.uk/</p>	
<p>Close of EPHA meeting</p>	<p>12 noon</p>