

**Essex Primary Headteachers' meetings  
Spring Term 2021  
AGENDA**

**NORTH EAST: Wednesday 3<sup>rd</sup> March 2021  
Meeting held online as a result of the Covid-19 pandemic**

**Zoom link:**

<https://us02web.zoom.us/j/82897759546?pwd=NS8rMmw1aXFVcFFIa3p3UFhOY0FWUT09>

Meeting ID: 828 9775 9546

Passcode: 703923

<p><b>Welcome from Nick Hutchings (North East Area Chair) and Clare Kershaw (Director of Education)</b></p>	<p><b>9.00 – 9.05 am</b></p>
<p><b>Local Authority Education Team</b> LA updates on current priorities including:</p> <ul style="list-style-type: none"> <li>• Return to school</li> <li>• Essex Recovery Taskforce</li> <li>• Joining up the strategies</li> <li>• Commissioning of therapy services in Essex</li> </ul>	<p>9.05 – 9.50</p>
<p><b>Teaching School Hub Support</b> <i>Willa Jackson, Associate Principal, Colchester County High School for Girls representing Alpha Teaching School Hub and NEETSA</i> This is one of three Teaching School Hubs supporting Essex schools. The Alpha Teaching School Hub will:</p> <ul style="list-style-type: none"> <li>- provide a centre of excellence for teacher training and professional development, working in collaboration with other schools and partnerships in the Colchester and Tendring areas, as well as Ipswich and Babergh in Suffolk</li> <li>- deliver the new specialist national professional and leadership qualifications for classroom teachers and school leaders</li> <li>- play a lead role in the delivery of the Early Career Framework and become an Appropriate Body for NQT Induction</li> </ul> <p>This designation provides an exciting opportunity to improve the recruitment and retention of teachers and ultimately have a positive impact on the outcomes for all the children across the designated area and beyond. <a href="mailto:WJackson@cchsg.com">WJackson@cchsg.com</a></p>	<p>9.50 – 10.00</p>
<p><b>Let's Talk... A common language and understanding of emotional wellbeing and mental health</b> <i>Lianne Canning, Emotional Wellbeing &amp; Mental Health Coordinator</i> The purpose of this new guidance document is to provide a shared understanding of emotional wellbeing and mental health so that children and young people (CYP), families, schools/settings and service providers use a common language, are understood and can plan for consistent and equitable support. It is for anyone in Essex, Southend &amp; Thurrock who works with or supports CYP, with a particular focus on emotional wellbeing and mental</p>	<p>10.00 – 10.15</p>

health. This includes schools/settings, health services and care providers, but it may also be useful for others who provide support as well as parents/carers. Alternative versions aimed at families and children/young people are also available.	
<b>Safeguarding and Headteacher Wellbeing update</b> <i>Jo Barclay, Schools Safeguarding Manager</i> Jo will give an update on the key safeguarding issues for schools to consider, and an update on the Headteacher Wellbeing programme.	10.15 – 10.30
<b>Quick break</b>	10.30 – 10.40
<b>Street Tag</b> <i>Seun Oshinaike</i> Street tag has arrived! The family-friendly game that turns your local area into a virtual playground. Physical Activity for children and young people may never have been so important, with evidence revealing that Covid-19 unsurprisingly, caused significant disruption to their lives. Local intelligence (alongside national statistics) are indicating that many children have returned to our schools deconditioned from being physically inactive and with decreased mental health. Insight also shows that 71% of children (when being active) did so with their families. Therefore, there is great potential for Parents and Caregivers to continue to be role models for physical activity supported by our fantastic schools. With your support to sign up and spread the word, Children and families will be encouraged to be more active by walking, cycling or running to collect points for their school using their smartphones.	10.40 – 10.55
<b>EPHA Area Meeting – Nick Hutchings, NEEPHA Chair</b> EPHA update and news, including input from Linda Exley (headteacher of The Gilberd) about a new school opening in 2023.	10.55 – 11.15
<b>The Big Squeeze</b> <i>Paul Dix</i> Re-establishing Culture and Climate is a priority when everyone returns to school. Paul will work with you to draw up the song sheet everyone will sing from. The Big Squeeze will pull your team tighter together, map out planned consistencies and create a calm purposeful return to classrooms. Paul Dix has been working with the most difficult behaviours in the most challenging urban schools and colleges for the last 25 years. As a teacher he worked in East London, Nuneaton and Birmingham. Paul founded Pivotal Education and was a founding member of The TBAP Trust transforming behaviour, teaching and learning in schools and colleges in the UK and internationally. Paul has advised the Department for Education on Teacher Standards, given evidence to the Education Select Committee and carried out extensive work with the Ministry of Justice on Behaviour and Restraint in Youth Custody. His book 'When The Adults Change, Everything Changes' has sold more than 100,000 copies and been the catalyst for change in thousands of schools worldwide. Paul is co-founder of Teacher Hug Radio and his new book 'After the Adults Change: Achievable Behaviour Nirvana' will be published next month. <a href="http://www.WhenTheAdultsChange.com">www.WhenTheAdultsChange.com</a>	11.15 – 12 noon
<b>Close of EPHA meeting</b>	12 noon