

RSHE Staff briefing

EPPS



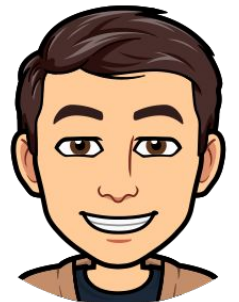
“Personal, Social, Health and Economic (**PSHE**) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain.”



What are the new KS1 & 2 statutory requirements?



- The **Health Education** and **Relationships Education** aspects of PSHE (personal, social, health and economic) education will be compulsory in all primary schools from summer term 2021 (latest September 2021).
- This covers broad areas of particular relevance and concern to children and young people today. It should ensure that every child is guaranteed a PSHE education that covers mental health and wellbeing, physical health (including healthy lifestyles and first aid) and learning about safe, healthy relationships, including understanding consent and negotiating life online.
- These new statutory requirements do not extend to sex education at KS1 and 2 (beyond the biological/reproductive aspects schools are already required to cover in science).



How will we know what to teach?



- From the updated Government RSE guidance. This includes tables of content that list what pupils should know 'by the end of primary' and 'by the end of secondary'.
- Schools are allowed flexibility in developing their programme as part of a broad and balanced curriculum (I will share the new overviews I have made in light of the new guidance later on in this meeting).

“Schools should not just ‘teach to the guidance’, but see it as the basic requirements which forms part of broader PSHE education (including economic well being).”

How can schools meet statutory requirements effectively?

- **PSHE education needs regular curriculum time like any other subject.** PSHE has suffered from reduced curriculum time in the past because it has not been a national curriculum subject, but now **Relationship and health education** it is required by law.





**Why is this
all so
important?**

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- PSHE education has proven impact on life chances and academic success when delivered well.
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- These developments mean that all pupils can benefit from an education that keeps them safe, healthy and prepared for the realities of modern life.

“The evidence shows that personal, social, health and economic (PSHE) education can improve the physical and psychosocial well-being of pupils. A virtuous cycle can be achieved, whereby pupils with better health and well-being can achieve better academically, which in turn leads to greater success.”

There is more scope for PSHE education to be a focus of Ofsted inspections under the new framework in providing evidence for key judgements, particularly ‘personal development’.

The new [Ofsted Inspection Handbook](#) also refers specifically to the inclusion of the new statutory content in the curriculum, and that *‘if a school is failing to meet its obligations, inspectors will consider this when reaching the personal development judgement’*.

What is covered in Relationships Education?



- The new Government guidance sets out the content under the following headings: 'Families and people who care for me', 'Caring friendships', 'Respectful relationships', 'Online relationships', 'Being safe'.
- There is widespread agreement that children need to be able to recognise abusive behaviour and to know how to seek help if they are worried about abuse or experience it. The new guidance states that by the end of primary school all children should know: 'how to report concerns or abuse, and the vocabulary and confidence needed to do so'.
- RSE aims to put in place the building blocks needed for positive and safe relationships of all kinds. This will start with family and friends, how to treat each other with kindness, and recognising the difference between online and offline friendships.
- The new Government guidance is compatible with the **Equalities Act 2010** – "Relationships Education should promote equal, safe and enjoyable relationships and be taught in a way which fosters LGBT and gender equality" – The Sex Education Forum.



Physical health and mental wellbeing education:



The focus in primary school should be on teaching the characteristics of good physical health and mental wellbeing. Teachers should be clear that mental wellbeing is a normal part of daily life, in the same way as physical health.

Children must be taught by the end of primary:

Mental wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Drugs, alcohol and tobacco, Health and prevention, Basic first aid and Changing adolescent body.

Can parents withdraw their children from school RSE?



- Parents **WILL NOT** have the right to excuse their child from Relationships Education in primary schools.
- Parents **WILL** have the right to withdraw their child from sex education in primary schools.
- Maintained primary schools are required to teach National Curriculum science, which includes some elements of sex education. Parents do not have a right to withdraw from this.

Engaging with parents:



- We have an up to date [RSE policy](#) in place. This is freely available for parents to access, and includes: an outline of what will be taught to children within the RSE curriculum, a rationale for this learning and a clear procedure for withdrawal from sex education. We have also used community voice to help construct the RSE policy.
- The DfE statutory guidance states: *‘Parents should be given every opportunity to understand the purpose and content of Relationships Education and RSE. Good communication and opportunities for parents to understand and ask questions about the school’s approach help increase confidence in the curriculum.’*



Whole School

Overview 2021-2022

Core Themes



The PSHE Curriculum will be broken into three Core Themes these are;

1. Relationships
2. Living in the Wider World
3. Physical Health and Mental Wellbeing

The suggested lessons can be found on the whole school overview.

Dot Com Digital



Dot's a safeguarding and wellbeing resource with a values-based approach that empowers children to develop confidence and make safe choices. As we all know children learn from a consistent approach and this is just as important when it comes to teaching children how to stay safe and well. Children need to practice communicating their worries and concerns and learn an emotional vocabulary. We can't make assumptions about what children might learn at home emotionally and so children must have the opportunity to develop and practice these skills in the classroom. Dot provides a safe mechanism to do this and Dot Com lessons are fun and a safe place for children to talk about emotions and issues which might frighten or worry them.

Safeguarding



Each child has their own Dot journal which used to be paper-based and is now a very exciting e-journal where children can learn about the world and record their feelings. Through what the children write or draw the teacher can develop an insight into where the child is emotionally and if there are any safeguarding concerns. The technology also provides children with the opportunity to ask for a Dot Minute if they feel worried or frightened about an issue and this means the child can ask for help without fear of judgement from their peers.



Teacher Area

Search

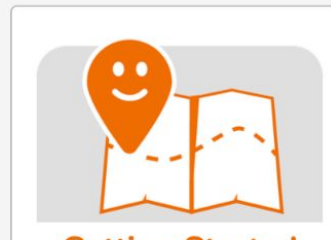
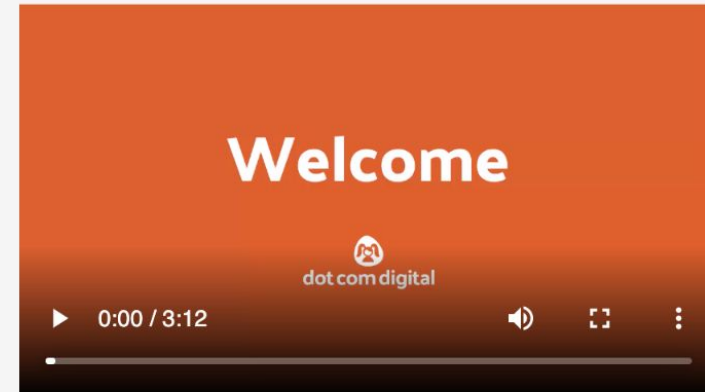


Welcome to Dot Com Digital; a powerful resource which helps give children the knowledge, skills and confidence to support them against current and emerging threats.

Visit the [Getting Started Section](#) to begin your Dot Com journey, set up access to users and familiarise yourself with the programme's ethos and values.

Dot Com Digital meets the learning requirements of the RSE Framework 2020 and should be taught regularly, giving children time to practise what they have learnt.

This page contains all the links to sessions, documents and resources you will need to deliver Dot Com Digital.



Dot Com Digital



If you have any questions please contact me!

I kindly ask you to complete the termly evaluations. [Click here](#) for the Google Forms to complete the termly evaluations.

I will be checking these prior to the new term starting. These will indicate what further support we need to provide for you.

